

Rama Sakthi Mission Trichur

CHARANAM SHARANAM RAMAMBIKE
CHARANAM SHARANAM TRAYAMBAKE.

(WEEKLY BULLETIN)

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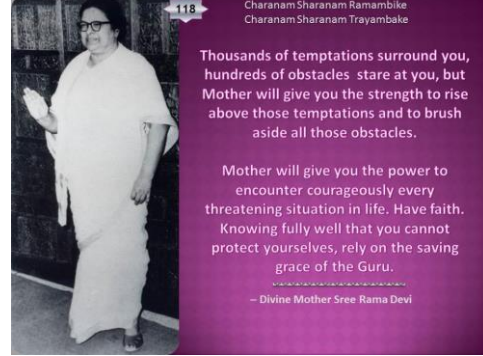
RAMA SAKTHI MISSION TRICHUR

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AMRUTHAVANI

Beloved children,

Renouncing all worldly ties, donning the geruva robe and entering the Order of Sannyasa, the seeker of Brahman repairs to Himalayan caves. For him, earth is the bed. Sky is the canopy. Birds and beasts are the companions. Water and herbal roots are the food. Giving up sleep, he sits enrapt in contemplation of the Atman. While in society, these seekers had thought that the external world of duties and the private home of personal affinities constituted the hindrance to God-vision. Now, after years of solitary tapascharia in the Himalayas, they realize that their own mind is the only obstacle.

*Love and blessings
Rama Devi*

--Bhagavad-Gita-18/26

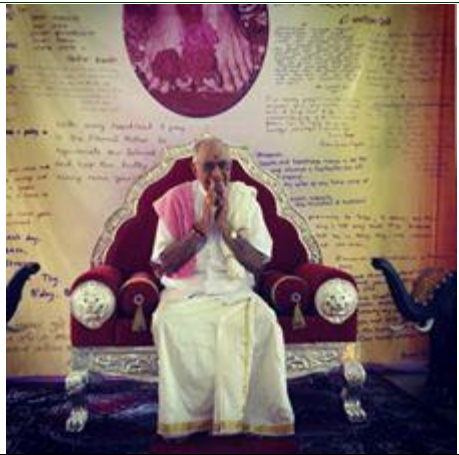
मुक्तसंगोऽनहंवादी धृत्युत्साहसमन्वितः ।
सिद्ध्यसिद्धयोर्निर्विकारः कर्ता सात्त्विक उच्यते ॥ २६ ॥

. The worker who is free from all material attachments and false ego, who is enthusiastic and resolute and who is indifferent to success or failure, is a worker in the mode of goodness.

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.GURU'S GRACE AND WILL POWER

Will power creates force of habit. Initially the disciple has to get over Tamas only through Guru's grace. If he has faith and love for Guru, he obeys him. To begin with he gets up and does Japa etc. because Guru has asked him to do it. Later his will merges in Guru's will and he automatically keeps on doing what he has been told, for it is actually Guru Who gets it done through him. He has no will of his own

MY MEMOIRS OF A DIVINE DARSHAN

Mrs.Savithri Antharjanam, Puthenchira.

My memories go back to 1951-52 period. I was only 9 years old at that time. It was during that period I had first darshan of Divine Mother Sree Rama Devi. Nobody in my family knew about Divine Mother till that time. .It was from a relative that we could get some details about Mother. That relative was an old lady .She told that name of Divine Mother was Remadevi and She is devotee of Sree Krishna. Mother has got some extraordinary powers and She was asking all to chant Ram Nam.My mother was an ardent devotee of Guruvayurappan and she was having steadfast faith in Narayana Nama.

One day that old lady, our relative, came to our house and told that Divine Mother has come to Trichur and if we wanted to see Her it is an opportunity. She told this to my mother..

So, we started to Trichur to have darshan of Divine Mother. There were two more members also along with us .My younger brothers also were there with us. The old lady who had seen Mother earlier, took us to Mother.

We reached Poonkunnam the place where Mother was staying, at about 2pm.It was the residence of Sri.T.N.K.Nayar which we could understand later only. When we reached the front yard of the house. A lady came out of the house. She asked us about the whereabouts and purpose of our visit. The old lady told her that we had come to see Divine Mother. She told that except her, nobody in the group had seen Mother. We have come to see Mother. At that time lady of the house told that it was not possible to have darshan that day. Mother's husband Bhagawan was not doing well .That is why She was not seeing any one from outside. Anyway she told that she would be trying to get a chance. Everybody prayed well. My mother was very eager to see Mother, so she prayed very much...After sometime the lady came with glad news that Mother has agreed to see us all. That lady took us all to the upstairs and we were seated on a mat spread in the hall .She had some informal chat with us.

At that time, Divine Mother came from a nearby room parting the door curtain. We all stood up. The lady told us all to prostrate and we all prostrated. (see next page)

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WORDS OF WISDOM

1. "Peace begins with a smile..."
— Mother Teresa

2. Let us always meet each other with smile, for the smile is the beginning of love."
— Mother Teresa

3. Let us make one point, that we meet each other with a smile, when it is difficult to smile. Smile at each other, make time for each other in your family."
— Mother Teresa

4. If we smile at someone, he or she will smile back. And a smile costs nothing. We should plague everyone with joy. If we are to die in a minute, why not die happily, laughing? (136-137)"
— Swami Satchidananda, The Yoga Sutras

5. Smile at strangers and you just might change a life."
— Steve Maraboli

6. A smile remains the most inexpensive gift I can bestow on anyone and yet its powers can vanquish kingdoms."
— Og Mandino

MY MEMOIRS (cont....)

Divine Mother with a beautiful smile told us all to sit. Divine Mother also sat on a sofa in front of us. **Mother sat with that enchanting smile looking all of us for some time. I still remember that posture and love soaked look now also as if took place yesterday only even after 60 years. Such was the impact of that holy Darshan.**

Mother then asked us from where we were coming from. The old lady who was with us told the name of our place. She added that we are all immersed in the whirlpool of Samsara and Mother should instruct us a way for coming out of it. At that time Mother asked which was the Nama we were chanting. We told that we were chanting "Narayana" Nama. Mother told that that is enough, No other Nama is required. Chanting the Narayana Nama, our mind should be still. Then only we can experience God. A shaky water surface cannot reflect sun. When surface becomes still only the reflection of sun will be visible. So also mind should be still to get experience of God in our mind.
(to be contd. in the next bulletin)

PEARLS FROM MOTHER'S LIPS

1. The impact of Saguna darshan is an unforgettable experience. Look at the gopis of vraja. They were housewives. They had husbands, home, children, wealth, etc. to love. Yet, their heart was with Krishna.

2. In self-forgetting rapture, when the melodious notes of the Lord's flute fell on ears of Gopies tears copiously flowed from their eyes, the tears of unbearable anguish of separation, 'viraha.' Their throats choked, hairs stood on end, the mind became utterly silent, other symptoms of premabhava appeared on them. This is the marvel of God-love

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DEVIMAHATMYA

राजोवाच ॥ ५९ ॥

भगवन् का हि सा देवी महामायेति यां भवान् ॥ ६० ॥

ब्रवीति कथं उत्पन्ना सा कर्मास्याश्च किं द्विज ।

यत्प्रभावा च सा देवी यत्स्वरूपा यदुद्भवा ॥ ६१ ॥

तत् सर्वं श्रोतुं इच्छामि त्वत्तो ब्रह्मविदां वर ॥ ६२ ॥

The king said:

59-62. 'Venerable sir, who is that Devi whom you call Mahamaya? How did she come into being, and what is her sphere of action, O Brahmana? What constitutes her nature? What is her form? Wherefrom did She originate? All that I wish to hear from you, O you supreme among the knowers of Brahman.'

MANDIR NEWS.

BHAGAVATA SAPTHAHA FROM 21-4-2015

The Bhagavata Saptaha started on 21-4-2015 with Mahatmya on 21-4-2015 at 4.30 M. The Acharya is a young exponent called **Sree Raj Namboodiri**. He is only 26 years old. By this time he made his mark in the field of Bhagavata Saptaha by his extraordinary oratory and devotion. All are requested to attend this auspicious function. This saptaha Yajna is devout offering of Mrs. Hema Mukundan. Many devotees are attending this auspicious function.

YOGA AND MEDITATION IN WESTERN COUNTRIES

Yoga has been a part of India's ethos and daily practice for over 5,000 years. But it is only recently that the mind-, body-, and soul-enhancing benefits of yoga have made it a global phenomenon. As yoga's popularity rises in the U.S. and other Western countries, travelers increasingly are making their way to the land of its birth. In India, yoga has grown in sophistication, and yoga retreats have mushroomed across the country. They range from top-end luxury spas to small hotels in religious centers such as Uttarkashi in the north and Thiruvananthapuram in the south.

Yoga tourists in India can also choose to study with neighborhood housewives who teach yoga in their living rooms or at trendy studios begun by socialites. Fortunately for the purists, there are several yoga schools run by grand masters who still teach the practice in the time-tested way, steeped in ancient traditions and philosophy. For them, yoga isn't instant nirvana; indeed, it is mastered only after years of rigorous practice.

<http://www.bloomberg.com/.../how-google-uses-yoga-meditation-...>

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